



Birches First School

Believe, Grow, Succeed ...

...to be the best 'me' I can be.



Wednesday 5th November 2025

Dear Parents,

On Monday 10th – Friday 14th November 2025 it is Anti-Bullying Week. This year the theme is Power for Good.



During this week in their PSHE lesson, your child will be exploring the importance of kindness, the science of kindness and the impact it has on our physical and mental health.

We ask that to kick start anti-bullying week at Birches, children come into school wearing “odd” socks on Monday 10th November 2025. This simple movement will help children understand that differences and individuality should be celebrated and respected.

Thank you for your support with this cause.

Kind regards,

Mrs Kandola
English and PSHE Lead