



**GRACE 2 GRACE**

## **EMOTIONAL HEALTH & WELLBEING SERVICES FOR YOUNG PEOPLE & FAMILIES**

Are you struggling with your Emotions or  
Mental Health?

At Grace2Grace we will support you.

**ANXIETY BULLYING SELF ESTEEM FAMILY OR SCHOOL DIFFICULTIES  
ANGER & MORE**

**121 Support  
Workshops  
Parent Support  
Counselling Service**

**We Care - (Supporting  
Young People in Care).  
School/ College Groups &  
More!**

### ***South Staffs***

***Thursdays 12-5pm @  
Codsall Fire Station. Duck  
lane, WV8 1 HU***

### ***Wolverhampton***

***Fridays 1-4pm @ Bob Jones  
Community Centre, Bromley  
St WV2 3AS***