

## What is the PE and Sports Premium Funding?

The Government provides additional funding to make additional and sustainable improvements to the quality of Physical Education, School Sport and Physical Activity (PESSPA) that is offered. Primary PE and Sports Premium should:

- Develop or add to the PESSPA activities that the school already offers
- Build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years

## Purpose of funding

Schools have to spend the sport funding on improving provision of PE and sport but they will have the freedom to choose how they do this. It must be noted that we do not use the Primary PE and sport premium to fund capital spend projects.

The vision for the Primary PE and Sport Premium: ALL pupils leaving primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport.

The funding has been provided to ensure impact against the following **OBJECTIVE**: To achieve <u>self-sustaining</u> <u>improvement</u> in the quality of PE and sport in primary schools. It is important to emphasise that the focus of spending must lead to long lasting impact against the vision that will live on well beyond the Primary PE and Sport Premium funding.

### It is expected that schools will see an improvement against the following 5 key indicators:

Key Indicator 1: the engagement of all pupils in regular physical activity - the Chief Medical Officer guidelines recommend that primary school pupils undertake at least 30 minutes of physical activity a day in school
Key Indicator 2: the profile of PE and sport is raised across the school as a tool for whole school improvement
Key Indicator 3: increased confidence, knowledge and skills of all staff in teaching PE and sport
Key Indicator 4: broader experience of a range of sports and activities offered to all pupils
Key Indicator 5: increased participation in competitive sport

# Our school has been receiving Sports Premium Funding since 2013

#### Key achievements to date: Birches has achieved the Gold School Games Mark for 4 consecutive years and actively participated in the School Games Mark Framework staff). during school closure/ reopening due to Covid-19. This year we • achieved the Platinum School Games Mark. achievements. An increased number of pupils have been involved in competitive sports • at Level 1, 2 & 3 with other schools. Staff have received CPD in Games, Gymnastics, Cricket and Dance. We have a trained Forest School Leader and all children access this provision. PE leader has completed Level 5 and 6 certificate and regularly • engages with PE update training. One other member of staff has completed Level 5 certificate. Schemes of work and assessments for PE are now in place. The new

- schemes will continue to be used in future years.
  Developments within lunchtimes and extra –curricular clubs on offer to pupils which has led to increased participation, fitness level and
- enjoyment for pupils.Playground leaders and zoning system has been developed at lunchtimes.

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- PE curriculum has been designed based on children's interests and needs.
- Additional intervention for children who have been identified as needing extra support.
- Awareness of emotional wellbeing has been raised for both staff and pupils.
- Enrichment of the curriculum with alternative sporting activities (e.g. parachute games, archery) and themed days based around national events e.g. World Cup Football, Commonwealth Games, Diwali Dance and Jubilee Dance.

#### Further ideas and development areas to achieve our vision:

- Continue to develop CPD training for all teaching staff (including new staff).
- Develop and encourage further opportunities for personal best achievements.
- Continue to further raise awareness of emotional wellbeing for both staff and pupils.
- Involve parents in understanding the importance of an active, healthy lifestyle via newsletters and parental involvement days.
- Increase local links and after school club provision for children.
- Improve competition participation with local school to increase number of children participating in fixtures and events with other schools



## Amount of grant received in Year 2022 – 2023: £17,470

Area of Focus	Implementation	Amount Spent	Impact	Sustainability
Improving the quality of teaching and learning in PE/ Curriculum To continue to monitor the teaching, learning and assessment within PE lessons from Nursery to Year 4. To continue to increase staff confidence and ability to teach PE as per identified needs. To continue to develop and support the teaching staff in delivering high quality PE lessons. To monitor and adapt LTP/ curriculum based on needs of children and development of skills across school. Key Indicator 1 Key Indicator 2 Key Indicator 3	<ul> <li>Subject Leader Release Time:</li> <li>To observe teaching and learning within PE lessons from Nursery to Year 4 through informal learning walks. (Are iPads being using effectively? Implementation of resources and update staff as necessary)</li> <li>To liaise with Progressive Sports re. provision and conduct lesson observations. Regular meetings to discuss provision and assessment data.</li> <li>To provide feedback and support to all those who plan and deliver PE including</li> <li>The PE Lead who has gained the Level 5 qualification in PE specialism to review and develop /adapt the whole school curriculum overview to ensure a broad and balanced coverage, which enables progression throughout.</li> <li>To develop iii statement to reflect the teaching of PE at school</li> <li>To develop MTPs with clear skills progression and ensure children receive a broad and balanced curriculum. Health and Fitness Units purchased.</li> <li>Risk assessments and PE policy/ Subject on a page reviewed in line with afPE guidelines.</li> <li>Develop case study for Platinum School Games Mark</li> <li>PE CPD needs to develop PE provision in school:</li> <li>AB to attend Level 5 Certificate in</li> </ul>	Subject Leader Release Time £1000 Units purchased to support planning £120 (EYFS/ Health and Fitness) £1500 (including cover costs) £1200 (including cover	<ul> <li>Staff confidence and ability to teach high quality PE increases and embeds further, and pupils as a result benefit from lessons that they enjoy more and in which they make better progress.</li> <li>Staff work together to become support network resulting in increased opportunities for pupils and excellent role models who value PE in school.</li> <li>Well-resourced subject with plenty of differentiated resources to support teaching and learning opportunities for pupils resulting in increased progress, enjoyment and involvement in lessons.</li> <li>Pupils benefit from a relevant curriculum that focusses upon skill development across a broad range of activities and health and well-being.</li> <li>Pupils progress and attainment within lessons continues to improve due to staff confidence and ability to teach high quality lessons.</li> <li>Equipment purchased has been to ensure there are plenty of resources available for children to use during lessons and at informal learning times so children have plenty of opportunity to practise independently and improve their skills. This has also impacted on maximum learning time and greater physical engagement.</li> <li>Well-resourced subject with numerous differentiated resources to support</li> </ul>	Sustainability: Staff knowledge and confidence is built upon yearly. Staff in every key stage available to support colleagues to continue to move practice forward and model lessons/ team teach and share roles and responsibilities for PE. PE lead continues to support colleagues to move practice forward through sharing good practice. The increased number of teachers in school with knowledge, expertise and enthusiasm for PE will ensure that pupils continue to make excellent progress and that the subject remains a high priority in school. The quality of the PE curriculum and wider opportunities continues to improve and is recognised and rewarded. These improvements and the legacy will last in future years. Forest Schools Programme embedded within the curriculum and has the capacity to develop further Quality of PE curriculum and wider opportunities are recognised and
	Physical Education (4 days)	costs)	teaching and learning opportunities for	

	<ul> <li>PE Equipment Servicing and replacement of equipment</li> <li>Forest School Provision – Forest School provision is accessed by all classes throughout the year – additional enrichment of curriculum and Mental Health Day. Further develop and embed Forest Schools programme.</li> <li>Forest School Equipment – Development of Forest School Area</li> <li>To enhance EYFS Gross Motor provision to support fundamental movement skills and ensure children have constant access to resources to develop fine and gross motor in EYFS.</li> <li>Audit PE equipment and purchase additional equipment to enhance enrichment opportunities in school and offer a wider range of sports in the curriculum in line with adapted curriculum and after school club provision, including new sports such as new age curling.</li> </ul>	£460 £2300 £675 (Resources/ Area development) £250 (Wildside) £3200 £1650	<ul> <li>pupils resulting in increased progress, enjoyment and involvement in lessons.</li> <li>Additional resources created to contribute to pupils improved outcomes and experience in school.</li> <li>Behaviour incidents at lunchtimes have reduced. More children engaged and active at lunchtimes.</li> <li>Children have active playtimes and increase their physical activity (30 minutes a day minimum). Provision for sport at lunchtime as well as teaching children suitable games.</li> <li>staff trained to deliver our Forest School programme ensures that our pupils continue to be inspired through learning outdoors. Our programme supports play, exploration and supported risk which in turn helps develop confidence and self- esteem Pupils become, healthy, resilient, creative and independent learners.</li> <li>Additional extended out of school hours Forest school programme for targeted pupils helps increase not only their physical well-being but also their emotional and mental wellbeing</li> </ul>	rewarded. These improvements and the legacy to last in future years. Changed attitudes and perceptions towards PE lead to higher outcomes and opportunities for pupils. Safe practice updates and changes ensure pupils are kept and remain safe.
Health To continue to raise the profile and showcase the importance and benefits of PE, health and well-being for pupils.	Nurture Space in school developed to support and encourage positive wellbeing. 'Pupil enrichment days' – 'WOW DAYS' enthuse and encourage physical activities through different platforms. To further enhance provision and cultural capital (linked to themed events). Diwali Dance	£400 £450+£1000+£200	All staff members and stakeholders in the school committed to moving PE forward and improving outcomes for children in the school. Pupils and parents are more committed to understanding the value of PE and health and meeting recommendations.	<u>Sustainability</u> : Pupils and parents understanding of the importance of health and government recommendations resulting in changed behaviours which will continue in future years.
Key Indicator 1 Key Indicator 2 Key Indicator 4	Workshop, World Cup Football, Commonwealth Games Wellbeing Day (PE/ Sport opportunities, wellbeing resources, Forest School provision. Golden Time activity weekly – additional resources to facilitate. To increase clubs that are on offer to children	£60 £120	Increased enjoyment in PE and lessons with linked physical activity. Improvement in behaviour and physical activity at play times and lunchtimes. Increased self -esteem and confidence of pupils through effective mindfulness activities embedded throughout the school	Improved fitness will continue through newly embedded procedures and opportunities for activity throughout the school day. Pupils will develop the skills, knowledge and enjoyment in a wide range of

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	taking into account interests – Multi-skills,	LIUU	day.	activities which will promote a lifelong
	Football, Forest School. Progressive Sports Intervention Sessions delivered across school.	£780	Children have developed knowledge and understanding of mental and physical well-being. Children can use strategies and methods to; increase confidence and self-esteem, develop healthy ways to express emotions, build and maintain positive relationships and cope with stresses of daily life. Pupils have a greater knowledge and understanding of the importance of health and fitness and are aware of the benefits of adopting healthy active lifestyles. Increased fitness of pupils through taking part in additional activities offered throughout the school day. School is actively supporting and promoting pupils meeting government health recommendations. This is having an impact on their physical and emotional health	involvement in healthy active lifestyles
Competition/ Other activities/ Whole school development To review the number of competitive opportunities the school take part in and which are applicable for pupils in the school.	Calendar of sporting events put together throughout the year, including competitions & clubs on offer. (Football, cross country, cricket and athletics). Sports Day Medals, Trophy and Stickers – whole school participation. Football Trophies – acknowledge participation in after school clubs and fixtures. Sports Kit to promote positive ethos around competitions and school sport including Girl's Football. Wider range of sports on offer for after school club provision Sports Hall- event participation Football event participation	£248 £20 £85 £65 £579.40 £450 £20 £50	Calendar of competitions clearly mapped out and planned to see how this fits into current curriculum overview and extra- curricular clubs offered. Staff offering pupils opportunities to be competitive or take part in performances at the end of the unit of work. Higher percentage of pupils taking form in some form of competition and out of school activities (inc. PP/ SEN) The number and range of activities offered during our out of school hours programme continues to broaden in response to pupil voice and the capacity to deliver. School is actively supporting and promoting pupils meeting government health recommendations. (60 minutes daily activity – 30 minutes delivered in	Sustainability: Pupils learn wider range of skills though competitive situations and collaborating with others. Calendar of events and opportunities will carry on in future years so others will have similar experiences and opportunities. Resources and events established that will continue to be used in future years

Goals for Girls Football to promote incl	lusion. £200	school)	
Additional sessions to ensure pupils ar prepared to compete with other schools SGO calendar to develop pupil confider and participation	s in the	Pupils are purposefully engaged in fun, safe and organised physical activities. Cultural capital opportunity provided students with a memorable, enjoyable	
Curriculum enrichment opportunities fo SEND/ PP children. Monitoring of SENI children and targeting children who do access.	D/ PP <sub>£400</sub>	and inspiring experience.	

<u>Total Cost: £17,982.40</u>