

Birches First School

Believe, Grow, Succeed ... ...to be the best 'me' I can be.

# Anti-bullying Policy September 2023

## Statement of Intent

The aims of Birches First School in formulating this statement are:

- 1. To reduce and eradicate wherever possible instances in which pupils are subjected to bullying in any form.
- 2. To establish appropriate means of providing after-care should an incident of bullying occur.
- 3. To ensure that all pupils and staff are aware of the Policy and fulfil their obligations to it.
- 4. This Policy is implemented and in line with Keeping Children Safe in Education 2023.

## Definition

Bullying may be defined as:

'Behaviour by one or more people which produces damaging or hurtful effects, physically or emotionally to any individual.'

It can take a number of forms, such as Cyberbullying, physical, verbal, social, gesture, extortion, exclusion, prejudice-based and discriminatory bullying. It is an abuse of power and can be planned and organised or it may be unintentional. Individuals or groups may be involved. Child-on-child abuse is most likely to include, but may not be limited to:

- bullying (including cyberbullying, prejudice-based and discriminatory bullying)
- abuse in intimate personal relationships between children (also known as teenage relationship abuse)
- physical abuse which can include hitting, kicking, shaking, biting, hair pulling, or otherwise causing physical harm
- sexual violence and sexual harassment. Part five of this guidance sets out how schools and colleges should respond to reports of sexual violence and sexual harassment

- consensual and non-consensual sharing of nude and semi-nude images and/or videos (also known as sexting or youth produced sexual imagery)
- causing someone to engage in sexual activity without consent, such as forcing someone to strip, touch themselves sexually, or to engage in sexual activity with a third party
- upskirting (which is a criminal offence), which typically involves taking a picture under a person's clothing without their permission, with the intention of viewing their genitals or buttocks to obtain sexual gratification, or cause the victim humiliation, distress, or alarm
- initiation/hazing type violence and rituals. (KCSIE23 P.13/41/42)

Not every disagreement between pupils is bullying. Sometimes children just 'fall out' about minor incidents. Care should be taken to enquire beyond what is made obvious.

## The Values and Beliefs Underlying this Policy are:

- all bullying is unacceptable, regardless of how it is delivered or what excuses are given to justify it
- the school recognises the detrimental effect on pupils who may be subjected to bullying and will work actively to minimise the risks
- both those who are bullied and those who bully will be treated in a supportive manner, rather than being regarded as a burden to staff and peer groups
- the harmful effect on pupil performance which can result from bullying is recognised and school is committed to combating all bullying behaviour

### Persons Covered by this Policy

All pupils, whether permanently or temporarily on the school roll, will be covered by this Policy.

The School/CMAT treat bullying among their employees as a potential disciplinary matter.

### Action to Combat Bullying

The school has established the following activities in an effort to combat bullying behaviour:

• a range of rewards and sanctions outlined in the school Pupil Behaviour Policy, including the methods of acknowledging good behaviour

- awareness raising with both staff and pupils, in order that incidents may be detected, behaviour monitored, and appropriate after-care delivered
- maintaining a record all incidents are collated (on CPOMS) and periodically reviewed
- examination of preventive measures such as alteration to the school procedures and practices, in an effort to reduce the risks of bullying behaviour occurring
- staff training to ensure that responsibilities in respect of this Policy can be delivered in a competent, caring and efficient manner
- establishing appropriate staff/pupil forums in order that current issues with regard to bullying can be discussed on a regular basis, for example, Anti Bullying Week, Circle Time, Assemblies, RSE/PSHE and School Council.

#### Individual Responsibilities

It is important that pupils recognise the difficulties which staff may encounter in ensuring that the purpose and intent of the Anti-bullying Policy can be effectively introduced and enforced. In this regard, pupils are expected to

- report all incidents of bullying using the procedures in place, feeling free and able to speak out
- act in a respectful and supportive manner to their fellow pupils, reporting any suspected incidents which the victim may be afraid to report
- refrain at all times from any behaviour which would constitute bullying of fellow pupils

### Role of Parents

Parents, too can play a vital role by:

- stressing to pupils the importance of sociable behaviour
- reporting any misgivings they have concerning bullying
- actively endorsing and supporting the Anti- Bullying Policy
- noting that it is never appropriate to use physical violence against, or in any other way seek to bully, a bully

• recognising when incidents constitute a 'falling out' and can be easily resolved.

#### Monitoring and Evaluation

In order to assess the effectiveness of this policy, the following monitoring and evaluation procedures will take place:

- Headteacher to record and Governors monitor the number of bullying incidents each school year
- check lunchtime Supervisory Assistants' records as well as teacher records
- seek School Council feedback
- assess parental reports on file

Our ultimate aim is to provide a learning environment free of any threat or fear, which will enable us to support the aspirations, achievement and welfare of everyone in the school community.

Review September 2024