



Birches First School

Believe, Grow, Succeed ...

...to be the best 'me' I can be.

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Dear Parents and Carers,

We have been made aware of the following information.

Depression Rooms' on Roblox – Safeguarding concern

Due to the popularity of online gaming platform [Roblox](https://www.roblox.com) with children and young people under the age of 16, online safety experts have released this Safeguarding Update about a collection of games trending within the platform. The games depict themes of isolation, cutting, and suicide with some including chatrooms where users engage in unmoderated discussions around hopelessness, depression, self-harm, and suicide.



Several of these depression room games on Roblox have up to 5.6 million visits and are advertised as being appropriate for 'all ages'. Despite being explicitly against the platform's Terms of Service, Roblox have failed to remove most of these harmful games from the platform at this time.

We have summarised the main risks and concerns associated with children accessing these games, as well as practical steps you can take to mitigate harm to the children in your care.

If you are worried about a child's mental health or suspect that a child is in danger, it is essential to act immediately. Do not hesitate to call the police or contact relevant medical professionals

Find out more by visiting [INEQ Safeguarding Group](#)

Parents/Carers and Safeguarding Professionals can use the [NSPCCs child protection helpline](#) for help, advice, and guidance.

Keeping children safe at home and elsewhere is everyone's responsibility. Online abuse should be reported as soon as possible, visit the Staffordshire Childrens Advice and Support Service on 0300 111 8007 or visit the Staffordshire Safeguarding Children Board [website](#) for more information.

Best Wishes,

Sarah Hulme
Assistant Headteacher