

# MENU WEEK 4 & 7



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

## Hot Specials...

Fish Cakes & Chips



Mozzarella Sticks



Chicken Burger & Waffles

Quorn Burger



Cottage Pie

Cheese Pie



Roast Chicken  
Roast/Mash Potatoes

Vegetable Bolognese



Pizza Whirls & Potato Balls



Veggie Bakes



## Sides...

Sweetcorn or Peas

Peas or Baked Beans

Mixed Vegetable

Carrots and Peas

Baked Beans or Sweetcorn

## Pudding...

Muffin

Chocolate Crunch & Chocolate Sauce

Cookie

Ice Cream

Chocolate Fudge Cake

**Try something different**

Trying new and different foods is a great way of getting all the nutrition your body needs.

Weeks Commencing  
23/1/23 & 13/2/23

Look out for these symbols for our super healthy dishes:

- Vegetarian
- Fruity!
- Wholegrain
- Oily fish

Allergy? Speak to our kitchen for help

