



Birches First School

Believe, Grow, Succeed...

...to be the best 'me' I can be!



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7th June 2022

Dear Parent/Guardian

As part of our aim to help our children be healthy, safe and responsible, we teach Personal, Social, Health and Economic Education (PSHEe) lessons in school. As previously communicated, Relationships and Health Education is also a new **compulsory** part of every school's curriculum. PSHEe and RSE are taught throughout the school in every year group and gives children the knowledge, understanding, attitudes and practical skills they need to manage their lives and contribute positively to society.

In our upcoming lessons regarding 'Safety and the Changing Body', Year 4 will be focusing on several aspects of the human body, including puberty and the risks associated with smoking tobacco.

This will include:

- Knowing the difference between private and public
- Naming parts of the body, both internal and external (key vocabulary: breasts, puberty, genitals, penis, testicles/ testes, tobacco, age restriction).
- To understand the physical changes to both male and female bodies as people grow from children to adults

All lessons will be delivered in a way that is fully age appropriate and sensitive. If you have any questions or concerns, please don't hesitate to get in touch before Monday 13th June 2022.

Best wishes,

Mrs Cripps

Year 4 Class Teacher