



# Birches First School

**Believe, Grow, Succeed ...**

**...to be the best 'me' I can be.**



17th June 2022

Dear Parents/Carers,

As the hot weather is now upon us, the children are spending more time on the field during play/lunchtimes. Although the children are enjoying this extra time on the field it is also causing some of them to suffer with allergies/hay fever.

Unfortunately, some children are experiencing worse symptoms than others. If your child is suffering hay fever symptoms, you are more than welcome to come into school to administer an antihistamine to them at a mutually convenient time.

If your child is severely suffering from hay fever symptoms then we have made the decision to allow un-prescribed antihistamines to be administered at school by Miss Spears our First Aider at Work.

If you feel that your child needs an antihistamine when at school then please bring the medication, clearly labelled with your child's name, to the office, where you can complete the relevant form.

We do ask that you only bring in antihistamines if your child really needs it.

I hope that this will be helpful and that the children can continue to engage fully with their lessons without the impairments that hay fever brings.

S Varricchione

Headteacher