

WINTER TERM

2022

V4

South Staffordshire District

Landywood Children's
Centre
Holly Lane
Great Wyrley
WS6 6AQ

Activities Timetable

FPC = Children's Centre
Free Pass Card
Accepted up to a value
of £5 per session

WE SUPPORT
SOCIAL DISTANCING



Face coverings
must now be worn
in all communal
areas

 Staffordshire
County Council

 Staffordshire
County Council

MONDAY

LITTLE GEMS (FPC)

Craft activities, catch up and fun! Suitable for none walkers

Booking Essential, 9.30 am -10.30 am

£4 per session

FPC - Free

Contact Lizzy/Emma via

Facebook

"Little Gems Play and Stay"

BREASTFEEDING SUPPORT 1:1 APPOINTMENTS

Appointment only health visitor led session to gain guidance and advice around breastfeeding needs.

1.00 pm - 2.30 pm

Tel: 0300 303 3923

TUESDAY

SIMPLY PLAY

Come along and try out lots of fun activities, enjoy getting creative, music and movement, sensory play as well as making lots of new friends and having ideas to try at home.

Booking Required, Term Time

10.00 am - 11.30 am Simply Play 0 to 4 years

12.30 pm - 2.00 pm Simply Play Babies 0 to 12 months

FREE

10 week programme,

Tel: 01785 246872/ 07817 112833

hayley.allman@staffordshire.gov.uk

FAMILIES HEALTH & WELLBEING BREASTFEEDING SUPPORT GROUP Virtual Session

Infant feeding team breastfeeding support and information session, opportunity to meet other new parents and access advice.

Booking Required

10.00 am - 11.30 pm FREE

Contact:

InfantFeedingAdminTeam@mpft.nhs.uk

WEDNESDAY

CHILDMINDERS PLAY & STAY

Fun-filled morning of toys, games & friends. For childminders

FREE, Bookable, All Year Round

9.30 am -11.30 am

Ages: 0-4 years

Tel: 07990 039198 Steph

SWEATY MAMA (FPC)

Fun effective workouts to help you achieve your fitness goals. Bring the children along!

Booking Required 1.00 pm - 2.00 pm

£35 for 6 sessions.

FPC- £5.00 for 6 sessions

Moms with children 6wks to Pre-school

Contact paige@sweatymama.com or

Tel: 07947526812

If you need to speak to a
Health Visitor please call the
Hub on

0300 303 3923



Building
stronger
families

THURSDAY

BABY MASSAGE (FPC)

Learn baby massage, incorporate this into your daily routine with your baby.

Booking Essential 9.45 am -10.45 am

Babies aged 6wks- 6 months (Approx.)

£30.00 4 week course

FPC £10.00 4 week course

Tel: Sally 07759 831419

SALLY'S BABY MUSIC, MOVEMENT AND MASSAGE PLAY TIME! (FPC)

A lovely combination of massage, yoga stretches, and relaxation, incorporating songs and rhymes for lots of interactive fun

Booking Essential 11.00 am - 12.00 pm

£30.00 4 week course

FPC £10.00 4 week course

Babies aged 6wks-6months (Approx)

Tel Sally 07759 831 419

FRIDAY

FRIDAY FUN WITH FOUNDATIONS (FPC)

Play and stay activities to support your child's development and make new friends. Arts and crafts, sensory, songs and stories.

Booking Essential 9.30 am - 11.00 am

0-5 years

£4 per family, plus £1 per sibling

FPC - FREE

Booking via Facebook

Friday-Fun-with-Foundations

While we endeavour to keep all sessions and information on this timetable up to date, we reserve the right to change sessions at any time.

COMMUNITY GROUPS

MONDAY

NURTURE & BLOOM MOM & BABY YOGA (FPC)

Relax, strengthen muscles and have fun with your baby. Gentle yoga moves for you and your baby to do together is a calm and friendly environment

Coven Memorial Hall WV9 5DL
Booking Essential, 10.00 am -1.00 am
£27- 4 week course or £8 pay as you go
FPC- £7.00 4 week course or £3.00 PAYG
Book online at
www.nurtureandbloom.me or email
Hayley@nurtureandbloom.me

NURTURE AND BLOOM BABY MASSAGE (FPC)

Learn baby massage techniques to help develop and enhance your baby.
Coven Memorial Hall WV9 5DL
Booking Essential 11.15 am -12.15 pm
£40- 5 week course—All materials included
FPC £15.00 5 week course
Book online at
www.nurtureandbloom.me or email
Hayley@nurtureandbloom.me



TUESDAY

FEATHERSTONE PARENT AND TODDLER'S

Play time, snacks and activities at this weekly group.

Featherstone and Hilton Community Centre,
WV10 7TR
Drop-in 09.30 am -11.15 am
Ages: 0-4 yrs
£1.50 a child 50p per sibling
Tel: 07931555805 Yvonne

WEDNESDAY

PENKRIDGE RAINBOW'S PLAYGROUP (FPC)

Crafts, activities & snacks at this group.

Penkridge Scout Hut, ST19 5AU
Drop-in 09.30 am - 11.00 am
Ages: 0 - 4 years
£2.50 per family,
FPC FREE
Tel: 07989 803364 Serena



Not all of our sessions are included within this brochure, new sessions and changes will be advertised on our Facebook page.
Search for
South Staffordshire's Children's Centre

PARTNERS

CREATION STATION

Mandy from Creation Station Bloxwich and Pelsall is back doing pop-up sessions at landywood keep and eye on our Facebook pages for times and dates or take a look at Mandy's Facebook page for information on her sessions.

FACEBOOK
[@creationstationbloxwichpelsall](https://www.facebook.com/creationstationbloxwichpelsall)

MINI FIRST AID

Kate from mini first aid is back delivering her relaxed and informative sessions, you can access these either online, face to face in a community venue, or in the comfort of your own home there has never been a better time to enhance your first aid skills. Courses cost around £20 and the online ones can be done in a time to suit you. Session coming soon to Landywood!!!
www.wolverhampton.minifirstaid.co.uk

STORY RANGERS

Lets go on a story adventure.. bringing stories to life through drama, music, sensory and more. Sessions delivered across South Staffordshire. Contact Emma for details.
Tel: 07885504743
emma@storyrangers.co.uk

COMING SOON!

COMING SOON

BACK TO BASIS

Have you had a baby during Lockdown and feel isolated and anxious? Why not come along to our informal group, chat to other parents and have a cuppa. Information, advice and guidance available .

Time and Dates to be confirmed
Landywood Children Centre, WS6 6AQ
Tel 01922 415632

FAMILY SUPPORT

BOOKSTART SESSIONS

Programme involves sharing stories, rhymes and other activities to help promote language development by using puppets and props.

BOOKING & INFORMATION FREE BOOKABLE SESSIONS

Jenny 07741655709
[or jenniferroper.fss@sctsp.org.uk](mailto:jenniferroper.fss@sctsp.org.uk)
Ages 12 – 30 months or children under 5 with a developmental delay, speech and language delay or additional need.
Contact Jenny for dates

FREE ONLINE BEHAVIOUR WORKSHOP FOR PARENTS/ CHILDREN

Programmes For Parents

4 week - Understanding and managing behaviour
-Understanding and Managing Anger and Difficult Feelings Workshop
-Parent Wellbeing Workshop
Workshops for Parents and Children to do together
-Helping Children to understand and build Self-esteem
-Helping Children understand and manage anxiety and worries

BOOKING & INFORMATION

Email:
raminderhaliwal.fss@sctsp.org.uk or
phone 07741645691 for upcoming dates and more information

FAMILY SUPPORT SERVICE

Have you got a child under 5?
Could you do with some support in managing your child or children?
If you feel that you would benefit from this support,
please speak to the Children Centre or contact
Family Support Service on
01902424147