



Birches First School

Believe, Grow, Succeed ...
...to be the best 'me' I can be.



Dear Parents/ Carers,

Following our whole school participation in anti-bullying week, pupils on the school council have met and they would like to launch a poster competition. This is an opportunity for Birches First School to shine a spotlight on the national anti-bullying campaign and decorate our school with posters, reminders and kind words.

What is bullying?

Bullying is 'behaviour by an individual or a group, that intentionally hurts another individual either physically or emotionally'. If someone is mean towards another person once (calling you a name) – it is wrong but it is not bullying. Bullying happens-Several Times On Purpose.

To help remember this we can use the acronym **STOP**.



Poster Competition – Closing Date 14th January 2022

Create an A4 sized poster (on card) which is thought provoking, exciting, meaningful and powerful to help spread anti-bullying messages. Together, our actions can fire a chain reaction that powers positivity.

Anti-Bullying- Poster

Create on A4 card, a poster to promote anti-bullying messages such as - S.T.O.P, RESPECT or ONE KIND WORD.

Buddy Bench- Poster

Create on A4 card, a poster to promote our wonderful 'buddy bench', to remind the children about the power of being a buddy!

All entries will receive a small prize and your poster will decorate our school environment.

School Council will form part of the judging panel. Winners will be chosen from each group. Winners posters will take pride and place in our school and on the school website to show your wonderful positive messages, promoting anti-bullying at Birches First School and in our community.

Good luck everyone.