



Learn • Connect • Protect

Holiday Activities And Food Programme with EKO SUMMER HOLIDAYS 2021



9:30am – 1:30pm

Available to children in School Years 1-6

All sessions will take place at Weston Park where we have a dedicated Outdoor Learning site.



Tuesday 27th, Wednesday 28th, Thursday 29th & Friday 30th July 2021

Tuesday 3rd, Wednesday 4th, Thursday 5th & Friday 6th August 2021

Tuesday 17th, Wednesday 18th, Thursday 19th & Friday 20th August 2021

Tuesday 24th, Wednesday 25th, Thursday 26th & Friday 27th August 2021

Dear Parents/Carers,

The **Holiday Activities and Food Programme, (HAF)**, is a government initiative set up to provide support during the school holidays for families who have children eligible for **benefits related free school meals**. After our successful Easter programme, Educating Kids Outdoors (EKO), is delighted to be running a series of **HAF EKO Holiday Clubs** this summer holidays. All places are fully funded through the HAF scheme and will take place outdoors in the grounds of **Weston Park, TF11 8LE**.

For those of you new to EKO we are a charity that specialises in outdoor learning, primarily working with primary age children in and after school. During EKO sessions, children are encouraged to engage with and learn about their natural world in order to help themselves, others and the environment. We offer exciting and adventurous activities including fire lighting, den building, bug hunting, natural art, plant and animal ID as well as fun team games, challenges and learning about where our food comes from. Research shows that the social, emotional and physical benefits of outdoor learning are enormously beneficial to children's health and well-being, particularly after the challenges of the previous year.

Each EKO HAF session will be different but our activities will centre around healthy eating and looking at where our food comes from, and will follow a similar pattern of learning, exploring, creating and playing outdoors, ending with a nutritious lunch cooked with the children over our campfire. All sessions will take place outdoors and the children will need to wear weather appropriate outdoor clothing and sturdy footwear. If you need to borrow any kit, just let us know.

Book your child's **FREE** place via our website at: <https://www.ekolearning.org.uk/holiday-clubs/holiday-activities-and-food-programme-with-eko/> If you have any questions or concerns please email us at info@ekolearning.org.uk

Kind Regards,

Natasha Branston

Founder & EKO Leader

