



# Birches First School

*Believe, Grow, Succeed*

Birches Avenue  
Codsall  
Wolverhampton  
WV8 2JG  
01902 297910

[www.birches.staffs.sch.uk](http://www.birches.staffs.sch.uk)  
[office@birches.staffs.sch.uk](mailto:office@birches.staffs.sch.uk)

28<sup>th</sup> April 2021

Dear Parent/Carer,

As part of our aim to help our children be healthy, safe and responsible, we teach Personal, Social and Health Education (PSHE) lessons in school. PSHE is taught throughout the school in every year group and gives children the knowledge, understanding, attitudes and practical skills they need to manage their lives and contribute positively to society.

Over the next few weeks, Year 2 will be focusing on the topic, 'Happy and Healthy Me'. The lessons will introduce a range of ideas. These include:

- Naming parts of the body.
- Describing the similarities and differences between girls and boys (including scientific names for male and female body parts).
- How to maintain personal hygiene.
- How to make simple choices that improve health and wellbeing.

All lessons will be delivered in a way that is fully age appropriate and sensitive way.

If you have any questions or concerns please don't hesitate to get in touch.

Best wishes,

Miss S Hulme

Year 2 Class Teacher