



Family Support Service by SCTSP in Partnership with Staffordshire County Council

SOUTH STAFFORDSHIRE

FREE ONLINE BEHAVIOUR WORKSHOPS & WELLBEING PROGRAMMES

Understanding and Managing Anger and Defiance in Children and Young People (Parent Only)

Please choose one of the following dates and times:

Thursday 10th September: 9.30-10.30am or

Thursday 17th September: 6-7pm

Understanding and Managing Anxious Behaviour and Low Self Esteem in Children and Young People (Parent Only)

Please choose one of the following dates and times:

Thursday 24th September: 9.30-10.30am or

Thursday 24th September: 6-7pm

4- week Parent Wellbeing Programme

Start date: Friday 11th September 2020

Times: 9.30-10.30am

Helping Children to Understand and Manage Anger and Difficult Feelings A workshop for Children and Parents to do together

Saturday 12th September 2020

Times: 10-11am

To book your place please contact:

Email: raminderdhaliwal.fss@sctsp.org.uk or text/phone: 07741645691.

Once you have booked onto you will be sent instructions on how to access the Workshop/Programme.

