



# Birches First School

Believe, Grow, Succeed



## Personal, Social, Health and Economic Education

### INTENT

At Birches First School the intent of our Personal, Social, Health and Economic (PSHE) education curriculum is to deliver a curriculum which is accessible to all and that will maximise the outcomes for every child so that they know more, learn more and understand more. As a result of this they will become healthy, independent and responsible members of a society who understand how they are developing personally, socially and morally, whilst promoting fundamental British Values.

Our aim is to provide pupils with a knowledge of their world, locally, nationally and globally, and give them confidence to promote their moral, social, cultural, mental and physical development which is part of growing up within this world. We provide our children with opportunities for them to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our children are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community. We challenge all of our pupils to seek opportunities and experiences within the school gates and their local community which is underpinned by our school ethos 'Believe, Grow, Succeed' and our Birches Values;

Belief

Independence

Resilience

Curiosity

Honesty

Enthusiasm

Success

and prepares all pupils for the opportunities and responsibilities within their lives.

### IMPLEMENTATION

At Birches First School, PSHE education is a planned and progressive programme of learning through which children and young people acquire the knowledge, understanding and skills they need to manage their lives and contribute positively to society, now and in the future. As part of the whole school approach, PSHE education teaches pupils about qualities and attributes they need to thrive as individuals, family members and members of the local community and wider society.

Personal, Social and Emotional development is one of the prime areas of learning in the Early Years Foundation Stage. This is incorporated during the school day through effective interactions as well as small group and whole class activities. At Birches First School, we adopt the Entrust Scheme of Learning which we have adapted to reflect the context of our school and local community, and to address our pupils' needs and stages of development. Prior knowledge is built upon through a whole school thematic approach ensuring each year groups work on the same theme at the same time throughout the year. This also incorporates statutory guidance on Relationship Sex Education (RSE). This is divided into six topic areas which are covered each year:

- Me and My School
- Me and My Relationships
- Me and My Safety
- Happy and Healthy Me
- Me and Other People
- Me in the World

This allows for cross-phase collaboration and enables school to link the PSHEe curriculum with other areas of teaching and learning thus other areas of school such as whole school assemblies, School Council meetings, lunchtime clubs etc. We promote PSHEe and British Values through the Picture News resource focusing on current and relevant stories within the news. Opportunities are also given to share these at home through Picture News at Home which is uploaded to the website. It is intended that we will offer an aspirational, cohesive whole-school approach which inspires our children to achieve their full potential, whilst empowering them to become healthy, independent and responsible members of society. This whole school approach allows teachers to plan and build a spiral programme of learning year on year providing opportunities for children to build on what they know, and deepen their understanding.

Throughout the lessons, we use a range of teaching and learning styles with an emphasis on active, hands-on-learning relevant to the children. We ensure pupils are able to participate in discussions to resolve conflicts, set agreed classroom rules of behaviour and promote opportunities for everyone to express their opinion/ view in a safe environment. We also develop PSHE education and citizenship through a range of activities and whole-school events that promote active citizenship including (but not limited to) charity fundraising and health awareness days (with a mental health/ wellbeing focus), Multi-faith day, Arts day, Children's day and Anti-bullying day. School council representatives from Reception to Year 4 form our active School Council, meeting regularly to discuss whole school issues and ensure they give every pupil a voice. We offer children the opportunity to hear visiting speakers, such as community police, charity workers and representatives from the local church, whom we invite into the school to talk about their role in creating a positive and supportive local community.

During our lessons we feel that it is important that adults listen to the children, are open to questions and are actively involved in the learning. This allows teachers to assess the children's knowledge and understanding by making informal judgements as they observe during lessons. Teachers have clear expectations of what the pupils need to know, understand and be able to do at the end of each Key Stage. This is supported by 'I can' statements and annotated plans to provide evidence of class and individual attainment.

## IMPACT

- Our children will recognise and apply the British Values of Democracy, Tolerance of those with Different Faiths and Beliefs, Mutual respect, Rule of law and Individual Liberty.
- Children at Birches will become healthy and responsible members of society and have a strong self-awareness, interlinked with compassion of others.
- Children will develop positive and healthy relationships with their peers both now and in the future, contributing positively school life and the wider community.
- Children will have respect for themselves and others, knowing what is right and wrong, and how to treat others.
- Children will be challenged to think independently in collaborative classroom communities.
- Children will be on their journey preparing them for life and work in modern Britain.