

We are providing an online workshop to support parents and carers with building a stronger relationship with their child.

The workshop is run by trainee Systemic Family Practitioners and a trainee Wellbeing Practitioner.

To book your place on the workshop or if you have any questions please email

**[parentingworkshop@mpft.nhs.uk](mailto:parentingworkshop@mpft.nhs.uk)**

Workshops are the same so you only need to attend one and will take place on:

- 17th August 2020, 7pm-8pm
- 17th September 2020, 10am-11am



## **Introduction to building a stronger relationship with your child**

