

Challenge my Weekend!!!

Red Challenge

Grow your own vegetables from seed

Option 1) cut a pepper in half- loosen the seeds, fill with compost and place the pepper on top of more compost in a pot. WATER REGULARLY

Option 2) Slice the tops of fresh carrots and place them on a saucer of water. Leave in a sunny spot (windowsill). Regularly top with water. Once they begin to sprout transfer to a plant pot of compost. WATER REGULARLY

Can you think of any other vegetables you can grow from?

Blue Challenge SUPERHEROES UNITE



Create your own superhero cape and mask to honour our World Superheroes.

Email me your photos. before Monday.

"Superheroes Unite"

Please say if you DON NOT want your child's photo or name on Birches School Website.

Green Challenge- This one is close to my heart and will need your commitment daily.

*I am working on a project that requires Nursery to learn to **sing** and **sign**.*

I am confident they will learn the song and signing quickly- they have blown me away before with their signing.

Signing whilst singing engages more parts of their brain as they learn to remember a sequence of hand movements to music and everyone can join in.

<https://www.youtube.com/watch?v=FSYFSTKwqug>