## 60 Second Challenge Socks in the Box

Do you keep trying even if you struggle to match up a pair of socks?

## The Physical Challenge

How many socks can you
pair up and put in the box in 60 seconds?
Place unpaired socks 5 steps away from a box. Players run, match up a pair of socks and place them in the box.

## \#StayHomeStayActive

## Equipment

Socks and a Box!
If you do not have a box use a bowl.
Throw in unpaired socks as red hearings.

10 pairs of socks

## Achieve Bronze

## Achieve Silver

15 pairs of socks

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## Achieve Gold

20 pairs of socks


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