



Birches First School

Believe, Grow, Succeed

Birches Avenue
Codsall
Wolverhampton
WV8 2JG
01902 297910
www.birches.staffs.sch.uk
office@birches.staffs.sch.uk

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Dear Parents

At Birches we are incredibly proud and fortunate to have our very own kitchen and team who plan and prepare delicious, healthy, nutritionally balanced lunchtime meals each day.

All our meals are homemade on the premises using locally sourced groceries and meat products which not only supports our local independent businesses but also helps to lower our carbon footprint.

The high standards of our kitchen and team have been repeatedly recognised. We have been awarded the highest 5 star rating every year for the last 11 years by Environmental Health.

The Food Standards Agency lay out very specific guidelines for schools which must be adhered to and all our meals are carefully planned in line with these. Menus are adapted and changed regularly to reflect seasonal changes and to ensure children are given opportunities to try new dishes as well as catering to the preferences of the school community. Our kitchen staff also cater for individual dietary requirements ensuring that all children have the opportunity to enjoy a hearty home cooked meal each day.

The children develop important independence skills as they make their own choices and enjoy a little chat with the kitchen staff as they collect their meals. It is always wonderful to hear their wonderful manners as they say please and thank you for their food!

Many of you may have had the opportunity to enjoy a lunch yourself with your child in the past during one of our special family lunches and I'm sure you'll agree we offer something quite special to the children in the middle of the day. If your child hasn't tried dinners before or has in the past but tends to choose sandwiches, perhaps consider giving our new menus a try!

Best wishes,

Mrs J Ferretti

Acting Headteacher